

**Contra Costa County Advisory Council on Aging
Executive Committee Meeting Minutes
February 5, 2019**

Call to Order: Susan Frederick, ACOA President, called the meeting to order at 9:30 am.

Present: Susan Frederick, Jim Donnelly, Jennifer Doran, Kevin Donovan, Steve Lipson, Gerald Richards, Gail Garrett

Absent: Shirley Krohn, Richard Nahm, Mary Rose, Mary Bruns,

Staff: Anthony Macias. Laura Cepoi

Public Comment / Approval of Agenda/Minutes

- No public comments
- Adoption of Today's Agenda: Moved to approve by Gerald, motioned 2nd by Kevin, unanimously adopted.
- Approval of January Minutes: Corrections to minutes to Contra Costa Health *Program*, not Health Services noted, minutes approved as amended.

Announcements and Correspondence: Susan Frederick

- Elder Tech Academy has been approved as a non-profit in West County. Steve Lipson is executive director of this new non-profit and has informed the county CAO in case of any conflict of interest issue.
- Anthony presented the proposed new format for ACOA agenda to be used beginning this month.

President's Report: Susan Frederick

- Susan explained that she asked Summer Selleck to be a representative of the LGBTQ community in order to report about what is going on affecting older adults in the county who self-identify as LGBTQ.
- Be aware of a new Social Security scam going on which is offering freebies to unsuspecting seniors.
- Medical Dental program being offered, known as Smile California.
- Federal judge rebuffed the State's attempt to avoid a lawsuit alleging the State abandons residents who have been illegally dumped from their nursing homes into hospitals. The case, filed in 2015, has meandered through the federal court system and it appears the State is going to have to answer to the three residents who were dumped into hospitals, won their appeal hearings.

Program Manager Report: Laura Cepoi

- Older American Act funding is about to be increased.
- A state grant for Fall Prevention begins Feb. 1st. This grant is for 18 months only and is a "pilot" grant for 148,000 dollars. We need to do an RFP because of amount. The RFP timeline of 2-3 months.
- Paid caregivers are unable to benefit from AAA caregiver programs because they are not providing care on a voluntary basis.

- Laura hopes the new fall prevention money can be utilized in some way to offer benefit to paid caregivers.
- IHSS recipients should not be prevented from getting services because of OAA law preventing paid caregivers from programs supported by their funding.
- Ideas for the Fall Prevention money could be used to modifying home or support groups.
- The Master Plan for Aging 1st draft coming out in March.
- Laura and Glenda are meeting with EHSD admin to try to get process for AAA contracts faster.
- A new meal program to begin in Oakley, it will be a new C.C. Cafe at Oakley Senior Center and will begin with 1 day per week.
- \$543,000 additional funding this year to MOW programs is from State not OAA.
- A high percentage of California is malnourished. 50% of muscle mass loss when a person is hospitalized.
- Jennifer- People recently released from hospitalization do not have the energy to prepare meals.
- Jim- Asked about Meals on Wheels Diablo Region (MOWDR)? Laura met Caitlin Sly new director; she received additional funding and are able to add delivered bags of food in addition to delivery of meals.
- California Association of Area Agencies on Aging (C4A) Capital Day will be on Thursday Feb. 27 in Sacramento. It is an all day event. Susan will attend as ACOA pres. and TACC member. Other ACOA members to let Laura know if they want to attend. Anthony to send email about this to Executive Committee members.

Discussion:

- Representatives to outside communities, groups, or organizations by ACOA members.
- Are we going to have reps from Communities/Groups? Yes
- Bring point of view to council of these “minority”/underserved communities; diversity-challenges, lack of diversity, requires more shaping.

Committee Reports:

Planning Committee: Kevin Donovan – Jewish Family Community Services and Mobility Matters presented at last month’s meeting; Discussed which contractors are providing services in which parts of the county; how much effort is being made by the contractor. OTO only funds of 300K+ will be divided on a prorata basis with contractors.

Membership Committee Report: Jennifer Doran- - ACOA member survey: 22 survey results received; letter drafted to mayors of vacant city seats; also call to city clerks; Concord seat to be filled is in works, and there is interest from Martinez and Moraga; the city of Lafayette has approved their person for seat, now in county process to be approved.

Health Work Group – Susan Frederick – nothing to report at this time.

Transportation Work Group (SMAC): Jim Donnelly – Roque Torres - Mobility Matters – Director of Transportation presented on issues of emergency preparedness; Marcel from Office of

Emergency Services offered bleak outlook of database of residents who are home bound or disabled.

Technology Work Group: Steve Lipson – review of Welcome to ACOA webpage letter; Anthony will be contacting EHSD IT about training for ability to make changes that are ready to be implemented and what is being proposed for entire platform: Resolve issues; what are the basics; remove and insert graphics; metrics on how many people are clicking on site.

Housing Work Group: Gerry Richards- working on comprehensive report on housing issues for seniors in county; person assisting with the drafting of this report is from Community Building Block Grant funding (CBDG); it has dovetailed into larger project and a countywide report; housing white paper from last year added to this larger paper.

Elder Abuse Prevention Work Group: Mary Rose – Absent.

Senior Nutrition Project Council Report: Gail Garrett – No action items.

Legislative Work Group: Shirley Krohn- Absent

ACOA 2020 Event: Jim Donnelly – first meeting of the committee will be on Monday; setting deadlines, due dates; agenda to be sent to all ACOA and SMAC.

Central County Senior Coalition – Shirley Krohn – Absent.

Treasurer Report: Richard Nahm – absent

ACOA future presentation items:

February: Mobility Matters –Elaine Welch

March: Public Meeting

April: Senior Fusion- Doug Mosher

May: Contra Costa Meds Coalition- April Rovero

June: Elder Abuse Month Presentation

August: *Housing White Paper*

September: California Senior MediCare
Patrol

October: Master Plan For Aging

December: Year End Meeting

Items for full ACOA agenda:

- None

Action Items:

- None

Public Comment:

- None

Next Meeting: Wednesday, March 4, 2020

The meeting adjourned at 11:10 am.