



## Contra Costa County

County Administrator's Office • 1025 Escobar Street • Martinez, CA 94553 • [www.contracosta.ca.gov](http://www.contracosta.ca.gov)

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### NEWS RELEASE

September 29, 2021

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## Free Virtual Worm Composting Workshop

(Martinez, CA) – A **FREE** virtual Worm Composting Workshop will be offered by the Contra Costa County Department of Conservation and Development on Saturday, October 16, 2021, from 10:00 am to 12:00 pm.

You will learn how to make your own worm compost. Vermicomposting (“vermi” is Latin for “worm”) is the process of using worms to process organic food waste into nutrient rich soil. Worms eat decaying food waste and produce vermicompost, a very effective soil supplement. The worms will produce both a liquid fertilizer and worm castings (a fancy name for worm poop). Worm poop is the best compost! It is a solid, odor free byproduct of worm digestion. You can periodically collect your worm castings and use them as a soil addition, soil conditioner, or light mulch.

The instructor, Todd Sutton, an expert with more than 29 years in the environmental field, has appeared on national television, including Discovery and History channels, and has educated thousands on waste prevention, reuse, recycling, and composting.

Did you know that each person is responsible for an average of 700 pounds of material disposed of in landfills annually? According to a recent California study, an average of 37.4% of the waste from households is potentially compostable (yard and food waste). You can make a difference by just composting at home.

All Contra Costa County residents are welcome. Call Maureen at 925-655-2909, email at [maureen.parkes@dcd.cccounty.us](mailto:maureen.parkes@dcd.cccounty.us), or register on [Eventbrite](https://www.eventbrite.com). To learn more about composting or recycling, just go to <http://www.cccrecycle.org/>.

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**This event will be hosted live online via Zoom. Participants will be emailed the Zoom link once they are registered. The email with the Zoom link will be sent by [maureen.parkes@dcd.cccounty.us](mailto:maureen.parkes@dcd.cccounty.us). If you do not see the email, please check your junk folder or contact Maureen directly at 925-655-2909.**

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